

# Six Thinking Hats®

## Thinking Skills

For building People, Teams and Solutions

### Develop the capability of individuals and teams to really make the difference

When we are required to think we often try to do too much at once. Emotions, logic hope, and creativity are all mixed up in one process. As a result we limit our thinking. We tend to use one type of thinking for every situation. This is little like a golfer using one club to play a round of golf. A driver may be perfect for teeing off, but its clumsy on the putting green. Similarly critical thinking for example, is a powerful tool, but if you are trying to create a new idea it can get in the way.

The Six Thinking Hats® are a concrete and tangible tool set that can help make innovation a reality.

Developed by Edward de Bono, the Six Thinking Hats® system separates the different types of thinking – emotion from fact, positive from negative, critical from creative. As a result, people look at problems from the same perspective at the same time.

This organises the approach, keeps the process focused and releases the brainpower of everyone involved. You'll strengthen teamwork, lead better meetings and generate more creative and productive ideas. Improve the efficiency of discussions, problem solving, planning and risk assessment. Develop the capability of individuals and teams.

#### Outcomes – Participants learn to:

- ◆ Move from one-dimension thinking to six-dimension thinking
- ◆ Stimulate innovation by focusing the creative energy of your people
- ◆ Reduce adversarial interactions
- ◆ Empower people to make a difference
- ◆ Achieve solutions in significantly shorter time frames

#### Program Overview:

- ◆ Changing How You Think
- ◆ Putting on Your Thinking Hats
- ◆ The Nature of Each Hat
- ◆ Focus on Creativity
- ◆ Practical Use of the Six Hats

#### Presenter: Tim Smith

Tim Smith is an experienced consultant and facilitator with skills developed in the public and private sectors and the Department of Defence. Major strengths are in people and business capability development achieved through strategic and operational planning, linking and developing people performance, leadership coaching, mentoring, creativity and innovation.



DATA PROCESSOR



LOGICAL NEGATIVE



LOGICAL POSITIVE



HUNCH, INTUITION



ALTERNATIVES, POSSIBILITIES



CENTRAL PROCESSOR